



PHYTOPOWER MICROBIOME HEALTH











# TARGETED PROBIOTICS FOR Extreme Energ

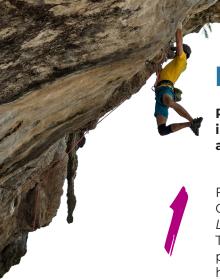
Sometimes your body needs a boost. A big boost. Could be before a workout, could be in the middle of a tough day. Point is, sometimes your body needs some extreme energy, and you can't afford to mess around with weak, artificial, sugary, crash-and-burn energy drinks. For extreme energy perfected—you've got to start in the gut.

PhytoPower X is fortified with targeted probiotics, high-performing impact ingredients, an exclusive adaptogenic blend, and a full complement of B vitamins to perfect your body's ability to harvest and produce natural, longlasting energy. And with 250mg of natural caffeine from guarana and yerba mate, PhytoPower X ensures your battery will be full all day.

Every serving of PhytoPower X delivers 20 billion CFUs of Targeted Probiotics in three strains: Lactobacillus plantarum, Lacticaseibacillus rhamnosus, and Bifidobacterium infantis. That makes PhytoPower X a microbiome-health machine. Each of these strains has been shown to diversify the gut, improve microbiome performance, and enhance your body's natural ability to harvest and create healthy energy.

Additionally, PhytoPower X contains high-impact energy ingredients like yerba mate, guarana, and mushrooms to supplement and complement the energy production processes in the gut.

PhytoPower X is the world's first microbiome-friendly big-energy beverage. It's safe, natural, sustainable, and bioavailable. Toss the sugary sodas and preworkouts in the trash; PhytoPower X is extreme energy, perfected.



## **HOW IT WORKS**

PhytoPower X owes its awesome energy production power to four independent elements: targeted probiotics, high-impact ingredients, adaptogens, and maximum bioavailability.

First, drinking PhytoPower X fortifies your gut microbiome with 20 billion CFUs of probiotics in three specific strains: *Lactobacillus plantarum Lp90, Lacticaseibacillus rhamnosus LRa05*, and *Bifidobacterium infantis BI45*. These probiotics plant themselves in the lining of the intestines and produce postbiotic enzymes and short-chain fatty acids that fuel the body's energy harvesting and production systems. Probiotics in these specific strains ensure the body's microbiome is diverse, and that each of the body's systems are functioning properly.



Second, PhytoPower X includes 250mg of natural caffeine from a potent combination of yerba mate and guarana. Other energy-friendly impact ingredients include Rhodiola rosea, L-theanine, black pepper, and a full complement of B vitamins.



Third, the X-factor in PhytoPower X is its adaptogenic mushroom blend. Cordyceps mycelium and reishi mushroom enhance the body's ability to harvest and use energy efficiently and naturally. These adaptogens improve oxygen uptake, exercise performance, anti-aging response, recovery, sex drive, heart health, and more!



Finally, PhytoPower X was built for maximum bioavailability. That means each ingredient and blend in PhytoPower X was formulated to be absorbed easily and seamlessly by the body. Bioavailability is enhanced by the presence of methylated folate and vitamin B12, as well as piperine.

These four elements work perfectly together to give your body a big boost when you need it most.

## **HOW TO USE**

PhytoPower X is portioned into individual-serving stick packs, which makes consumption easy and convenient. Simply add a stick pack to 16 ounces of water or another favorite beverage. Mix thoroughly and enjoy.

Drink PhytoPower X when you want a big energy boost—before a workout, at the beginning of a busy day, or whenever you feel like you need extreme energy. Avoid drinking PhytoPower X when you want to wind down.

PhytoPower X has a smooth, refreshing pineapple passionfruit flavor. It's much tastier than any highenergy product on the market.



# WHAT YOU CAN Expect

Make no mistake, PhytoPower X is not messing around. With 250mg of natural caffeine, PhytoPower X will deliver extreme energy every time you consume it, so be deliberate. We recommend drinking PhytoPower X only when your body needs a big boost—such as before a workout, or at the beginning of a big day.

In addition to bringing the energy, PhytoPower X delivers serious benefits. Here are just a few\*:











**RECOVERY TIME** 







PhytoPower X was formulated with nature's best ingredients. It was designed to give your body big energy without the jitters or crash-and-burn side effects.

## **YOU'LL LOVE THIS**

PhytoPower X contains an amazing adaptogenic blend featuring cordyceps mycelium, and reishi mushroom. These adaptogens not only increase the bioavailability of PhytoPower X, but they are also widely used to increase oxygen intake, reduce fatigue, improve exercise quality, and promote heart health, among other things.\* PhytoPower X really is a powerhouse product.

## A CLOSER LOOK ATP PhytoPower Ingredients

PhytoPower X is an astonishingly impressive product with an eye-popping list of ingredients. Here's a closer look at what's inside every serving of PhytoPower X:



## **TARGETED PROBIOTICS**

PhytoPower X fortifies your gut microbiome with 20 billion CFUs of probiotics in three specific strains: *Lactobacillus plantarum Lp90*, *Lacticaseibacillus rhamnosus LRa05*, and *Bifidobacterium infantis BI45*.

## **HIGH-ENERGY IMPACT INGREDIENTS**



## YERBA MATE

Much more than a stimulant, yerba mate is a great source of chlorogenic acid, which is a powerful antioxidant and crucial component of brain health.



## **GUARANA**

A powerful source of natural caffeine, guarana is also important for improved metabolism and cognitive function.

## ADAPTOGENIC BLEND



## CORDYCEPS MYCELIUM



## REISHI MUSHROOM

PhytoPower X contains Cordyceps mycelium and reishi mushroom—an adaptogenic blend designed to improve stress response and smooth out energy production and expenditure.

## **FULL-SPECTRUM B-VITAMIN COMPLEX**



Included in their most bioavailable form, the vitamin B complex in PhytoPower X helps energize the body naturally and improve the function of other impact ingredients.

## **BIOAVAILABLE IMPACT INGREDIENTS**



RHODIOLA ROSEA



BLACK PFPPFR

Black pepper and rhodiola rosea are two bioavailable prebiotic ingredients that enhance your body's ability to absorb nutrients and Targeted Probiotics.

## **Supplement Facts**

Serving Size 1 packet (4.4g)
Servings Per Container 15

Amount per serving % Daily 1

Amount per serving		%	Daily Value*
Calories 5			
Total Fat Og			0%
Saturated Fat (	)g		0%
Trans Fat Og			0%
Cholesterol Omg			0%
Sodium 35mg			1.5%
Total Carbohydrates 1g			<1%
Dietary Fiber Og			0%
Total Sugars Og			
Includes Og Added Sugars		0%	
Calcium 44mg	3%*	Potassium 15mg	<1%*
Vitamin B1 1.2mg	100%*	Vitamin B2 1.3mg	100%*
Vitamin B3 16mg	100%*	Vitamin B5 10mg	200%*
Vitamin B6 3.4mg	200%*	Vitamin B7 30mcg	100%*
Vitamin B9 400mcg	100%*	Vitamin B12 30mcg	1,250%*

Proprietary Blazing Fiery Probiotic Energizer\*

Paullinia cupana (Guarana) Seed Extract, Ilex paraguariensis (Yerba Mate) Leaf Extract, Beta-Carotene, Lactobacillus plantarum Lp90, Lacticaseibacillus rhamnosus LRaOS, Bifidobacterium infantis Bl45, L-Theanine, Cordyceps sinensis (Cordyceps) Mycelium Mushroom Powder, Ganoderma lucidum (Reishi) Fruiting Bodies Mushroom Powder, Rhodiola rosea (Rhodiola) Root Powder, Piper nigrum (Black Pepper) Fruit Extract 95% Piperine

\*Percent Daily Values are based on a 2,000 Calorie diet. ‡ Daily Value not established



## Q: What is the difference between PhytoPower X and PhytoPower E?

A: PhytoPower X is different than PhytoPower E in the following ways: PhytoPower X has more probiotic CFUs (20 billion), more natural caffeine (250mg), an additional source of natural caffeine (yerba mate), and different impact ingredients (including adaptogens, prebiotics, and full-spectrum Vitamin B complex). While both products have energy-enhancing components, PhytoPower X has a more robust energy profile, and more extensive impact ingredients and benefits. PhytoPower E is meant for a light daily boost of energy and mental clarity. PhytoPower X is meant for times when your body needs extreme, perfected energy.

## Q: What ingredients does PhytoPower X have that PhytoPower E doesn't have?

A: PhytoPower X contains yerba mate, cordyceps mycelium, reishi mushroom, rhodiola rosea, and black pepper, all of which are not found in PhytoPower E.

#### Q: When should I take PhytoPower X?

A: Because of its high caffeine content, we recommend drinking PhytoPower X before exercise or at the beginning of a big day. Or anytime you feel like you need an extreme energy boost.

### Q: Is PhytoPower X safe?

A: Absolutely. PhytoPower X was formulated to give your body a lot of energy, but its ingredients are such that you won't feel a jittery high or a crash-and-burn low. PhytoPower X was formulated with natural caffeine sources and high-impact ingredients that fuel the body's microbiome, rather than strip it of healthy nutrients. We do recommend that you consume in moderation, however, and note that PhytoPower X is not recommended for children, nursing or pregnant women, or persons with medical sensitivity to caffeine.



#### Q: Should I drink PhytoPower X instead of pre-workout drinks or high-energy sodas?

A: Absolutely. PhytoPower X can and should take the place of high-energy sodas and pre-workout beverages. Drink PhytoPower X instead of those other options, which may contain loads of sugar, artificial flavors and colors, unnatural compounds, and other questionable ingredients.

#### Q: What's the difference between probiotics and targeted probiotics?

A: Probiotics is a term to describe all beneficial bacteria. There are thousands of strains of beneficial bacteria (that we know of), and the word "probiotics" can be used to describe them all.



Targeted probiotics, on the other hand, is a term used to describe specific strains within the probiotic community. These targeted probiotic strains have unique chemical characteristics that help them zero in on distinct functions and systems in the body. By diversifying the gut with targeted probiotics, you can influence the health of your body in specific ways.

#### Q: Are there targeted probiotics in PhytoPower X?

A: PhytoPower X features Targeted Probiotics in three different strains to create a diverse and healthy gut microbiome—*Lactobacillus plantarum*, *Lacticaseibacillus rhamnosus*, and *Bifidobacterium infantis*. These specific probiotics were chosen for their ability to positively influence the body's natural fat-burning capabilities.

#### Q: Does PhytoPower X contain any artificial ingredients, flavors, or colors?

A: No. PhytoPower X is all-natural and does not contain any artificial flavors, sweeteners, colors, or any other nasty ingredients.

#### Q: How do I consume PhytoPower X?

A: Simply mix PhytoPower X with 16 ounces (480 ml) of water or your favorite cold beverage. PhytoPower X features a delicious natural pineapple passionfruit flavor, so it doesn't need a lot of extra flavoring.

#### Q: Does PhytoPower X have any soy, estrogen, or gluten?

A: PhytoPower X contains no soy or estrogen products, and it is gluten-free.

#### Q: Can you mix different PhytoPower products together?

A: Yes. When mixed according to instructions, all PhytoPower products may be consumed simultaneously.

#### Q: Can you mix PhytoPower X with Next beverages?

A: The probiotics within PhytoPower X are dormant and need to be activated by liquid. So we recommend drinking PhytoPower X with at least 16 ounces of liquid, and that can certainly include Next beverages.



## PHYTOPOWER BRAND MESSAGE

LoveBiome's passion originates from a simple statement: Change One Thing, and Change Everything. We believe that when you take care of your microbiome, your microbiome will take care of you.

The PhytoPower Brand represents the most robust and imaginative innovations in microbiome health.

Our passion is to help everyone discover the life-changing benefits of a thriving, flourishing, healthy biotic community. Within this community are diverse strains of friendly, beneficial bacteria, nourished by the best prebiotics, which in turn fuels the production of powerful postbiotics that energize every cell, system, and function of the body.

## DOMINATING THE ERA OF THE MICROBIOME

